

CURRICULUM VITAE

1.0

PERSONAL INFORMATION

NAME: Judith Ndombi Waudu (Ph.D)

DATE OF BIRTH: 27th May, 1958

MARITAL STATUS: Married

CONTACTS: Kenyatta University
Dean, Graduate School
P.O. Box 43844
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LANGUAGE Proficiency

English : Excellent
Swahili : Good
Luhya : Excellent

NATIONALITY: Kenyan

GENDER: Female

2.0 QUALIFICATIONS:

Education Background:

1989-1993: Ph.D. University of Alberta, Edmonton, Alberta
T6G 2G5, Canada.

Major Specialisation: International/Inter-cultural Education and
Nutrition Education.

Thesis: An Ethnographic Study of low income women and
Nutrition Education in Kenya.

1982-1984: M.Sc. Iowa State University, Ames, Iowa, 50010, U.S.A.

Thesis: Food choices and consumption patterns of East African students at
Iowa State University U.S.A.

Major Specialisation: Nutrition Education

1978-1982: B.Sc. Central University College,
Pella, Iowa, 50219, U.S.A.

Major Specialisation: Foods and Nutrition.
Senior Year Thesis: Food Additives

Professional Courses

1. 2000 Training in Nutrition and Information Technology University of
Uppsala, Sweden. Certificate
2. 2008 ACFI/Unicef, Training in Standardized monitoring and
Assessment of Relief and Transition Methodology, Limuru
Kenya. Certificate.

3.0 FELLOWSHIPS

1989 – 1993	Canadian Ph.D Fellowship, University of Alberta
1997	British Council Fellowship, University of Manchester
2000	Swedish Fellowship, University of Uppsala

4.0 EMPLOYMENT HISTORY/WORK EXPERIENCE

2003 Present; Associate Professor
Department of Foods, Nutrition and Dietetics
Duties: Teaching, Supervision of Students, Research,

	Member to University committees Kenyatta University
1995 – 2003	Senior Lecturer, Department of Foods, Nutrition and Dietetics, Kenyatta University.
1989 – 1995	Lecturer, Home Economics Department, Kenyatta University.
1985 – 1989	Assistant Lecturer, Home Economics Department, Kenyatta University.

5.0 ADMINISTRATIVE RESPONSIBILITIES

2006 – Present	Dean, Graduate School
Duties:	Development of policy documents. Admit students, Develop Examination and Supervising guidelines for postgraduate students. Write postgraduate prospectus and Handbook, Provision of advisory services to students and staff, Provide administrative services to postgraduate students, Recommend postgraduate students for award of various degrees, Kenyatta University
2002 – 2006	Head of Hospitality and Tourism Department.
Duties	Development of curricula, short listing of staff and students. Recruitment of staff. Initiated the newly established department. Preparation of Department budgets Financial and Human Resource Management Teaching and Research
2000 – 2002	Director, Institutional Linkage Board.
Duties	Coordination of Linkages at National, Regional and International level. Preparation of Memorandum of Understanding between various organization.

	Oversee the implementation of the MOU activities,
1996-2000	Director, Kenyatta University Catering and Accommodation Services Board
Duties	Oversee and supervision of staff in the Catering and Accommodation sections
	Preparation of budgets for various activities and Sections.
	Procurement of material and equipment for sections.
	Initiation and running of seven catering and eighteen students hostels and guest houses.
	Overseeing students welfare in these facilities
1993-1995	Academic Advisor. Cordinator of Institutional Management Unit of the Home Economics Department, Kenyatta University.

6.0 RESEARCH; CONSULTANCY ACTIVITIES AND CAPACITY BUILDING:

- 2008:** Development of Dietary Guidelines for East Africa - Vicres. Baseline Survey for HIV and AIDS Management in East African Universities funded by the IUCEA.
- KIDS – CAN Research Projects funded by IDRC. Research Member.
- 2003-2007:** Principal Researcher, Food Consumption Patterns, Nutrient Intakes, Nutritional and Food Security Status of Adult Men, Pre-School children, Women and Elderly Persons in the Wetlands of Lake Victoria Basin, VicRes Project.
- 2005:** Principal Researcher, Nutritional Status and Food Consumption Patterns of Kenyan and South African Adult Women. Unilever Research Project

- Researcher: Production and Consumption Patterns of Traditional Foods in Urban and Peri-urban. IPGRI Research Project.
- Participated in the writing of the National Micronutrient Deficiency Control Policy.

2002-2003: Researcher: National Food Consumption Study, Unicef Sponsored Project.

Principal Researcher: The Management of the Loreto Sisters Schools: A case study of Nairobi and Mombasa.

Principal Researcher: An Evaluation of Primary Education and Health in Somalia, European Union Project.

2001: Principal Researcher: Causal analysis of children in need of special protection, UNICEF Project.

2000: Principal Researcher, PRISM Synthesis Report. Ministry of Education, Science and Technology/DFID funded project.

Principal Researcher, PRISM 2000 Impact qualitative study, Ministry of Education, and Technology/DFID funded Project.

1998-98: Principal Researcher, PRISM. Headteacher Support Groups Operation. MOE & HRD/DFID Project.

Principal Researcher, SPRED II Special Studies on Parental Attitudes and Affordability of Education in Primary School MOE & HRD & DFID funded Project.

Principal Researcher, PRISM Action Planning by primary Headteachers in Kenya. MOE&HRD/DFID Funded Project.

Principal Researcher, SPRED II Main Baseline Survey, MOE & HRD/DFID Funded Project.

1999: Principal Researcher, PRISM Follow up study of Primary School Action Plans, Impact study. MOE & HRD and DFID Project

1997: Principal Researcher, PRISM School/Community Studies, MOE/DFID Funded Project.

- 1996-1997:** Principal Researcher, PRISM Baseline Study, MOE/ODA Funded Project.
- 1994-1995:** An Evaluation of Educational Wastage in Primary Schools in Kenya (SPRED I) MOE/ODA funded Project.
- 1994-1995:** Gender Perspectives on Food Security and Management of Environmental Health in Nairobi Masingira Institute Project.
- 1992:** An Ethnographic study of Low Income Women and Nutrition Education in Kenya. Ph.D. Thesis, University of Alberta.
- 1987:** Agricultural Productivity and Nutritional Status in Kakamega. A Research Report.
- 1985:** Adolescent Fertility, Knowledge, perceptions and practice in Kenya, IPPF funded Project.
- 1984:** Food Consumption Patterns of African Students Studying in the United States of America, M.Sc. Thesis, Iowa State University Ames, Iowa U.S.A.

6.0 POSTGRADUATE STUDENTS SUPERVISION

(a) Completed

2008: Jane Naliaka Situma:

Dietary Intake, Morbidity and Nutrition Status of HIV Infected Women Attending Patients Support Centers in Suba District, Kenya.

M.Sc. Thesis, Kenyatta University.

2008: Maureen Cheserek:

An Assessment of the Nutritional Status of Elderly People 55 Years and above in the Lake Victoria Basin of East Africa.

M.Sc. Thesis, Egerton University.

Susan Wako:

An Assessment of the Adult men Nutritional Status in the Wetlands of Lake Victoria. An M.Sc. Thesis, Egerton University.

Violet W. Wanjihia:

Consumption of omega 3 fatty acids and the risk of type II diabetes mellitus among a rural and urban population in Kenya.

Othoo Dorothy Apondi:

Vitamin A and iron status of pregnant women at Ndhiwa Health Centre. M.Sc. Thesis, Kenyatta Univeristy.

Mogesi Betty Samburu:

Nutritional Status, Blood pressure and the Associated risks for Hypertension among Kenyatta University employees. M.Sc. Thesis Kenyatta University.

Lucy Gathoni Waithaka:

Practices and attitudes in the Management of type 2 diabetes in adult 45-60 years. A case study of Rift Valley, Nakuru. M.Sc. Thesis. Kenyatta University.

Rita Nthiga Wairimu:

Contribution of Tourism Ventures to the Local People's Livelihood in the Maasai Group Ranches Bordering Amboseli National Park Kenya. M.Sc. Thesis, Kenyatta University.

Sarah W. Kamau:

Hospitality Industry Employers' Expectations and Perceptions of Employees' Competencies in Nairobi Hotels. M.Sc. Thesis, Kenyatta University.

Nelly Marete

Factors influencing Selection of Operations consumed by star rated Hotels in Nairobi, Kenya. M.Sc. Thesis, Kenyatta University.

Ogubi Mary Anyango:

Assessment of the role of street foods in alleviating micronutrients deficiencies in Nairobi, Kenya. M.P.H. Thesis, Kenyatta University.

2006: Robert Orenge Odara:

Food safety status in chain and unclassified Food restaurants in Nairobi City centre, Kenya. M.Sc. Thesis, Kenyatta University.

Wairegi Susan:

Menopausal Symptoms and the use of diet in Managing Menopausal Symptoms. A case study of Maragua District. M.Sc., Thesis Kenyatta University.

2005: Shikuri Rose Munyendo:

Nutrition status of cancer patients at Kenyatta National Hospital, Nairobi. M.Sc Thesis, Kenyatta University.

Waswa Lydiah:

Risk Factors Associated with malnutrition among preschool children in Kimilili Division, Bungoma District. M.Sc. Thesis, Kenyatta University.

Mwema, M. Josephine:

Factors Affecting Household Food Security and Nutritional Status of under Five in Kieni West Division, Nyeri District. M.Sc Thesis, Kenyatta University

Elizabeth Ockeyo Otieno

Post harvest Fish Quality, Safety and Socio-Economic Conditions of Small Scale Traders in Kisumu City. M.Sc. Thesis, Kenyatta University

2004: Malla Janet Kajuju:

An Investigation of factors that contribute to obesity among children: A case of Nairobi: M.Sc. Thesis, Kenyatta University.

Ochieng Adhiambo Edwin.

Factors that influence Glycaemic control in diabetes mellitus. A case study of Kenyatta National Hospital . A M.Sc. Thesis, Kenyatta University.

Nyamu K. Irene:

The role of Non-Governmental Organizations in combating Food Insecurity in Makindu and Kibwezi Divisions. Makueni District, Kenya. M.Ed. Thesis, Kenyatta University.

Gitau Njura:

Factors affecting the iron status of 15-49 years lactating and non lactating mothers in Makongeni Thika District Kenya.

Methuselah B. Gesage:

An investigation of cost controls in Food and beverage production and sites in selected categories of 2-5 star hotels in Nairobi, Kenya.

Susan Kanyua Gitonga:

Influence of Maternal Gestational weight among women

attending antenatal care at Thika District Hospital in Central Kenya.

Judith Munga:

An investigation on glycemic index of local foods and use in Management of diabetes mellitus: A Study in Kisii and Homa Bay District Hospital, Kenya.

Lynett Ochuma Odida:

Nutrition status and feeding practices of infants born of HIV Positive mothers in Kenya: A Case of Homa bay PMTCT Clinic.

Mbogo Patricia:

Dietary Management during HIV/AIDS among the Mombasa Islanders. M.sc.Thesis, Kenyatta University.

Kwamboka Evelyn M:

Factors affecting food selection and nutritional status of the elderly in Mathare slums. A M.Sc. Thesis, Kenyatta University.

Manuche E. Winnie:

Vitamin A content of the traditionally preserved indigenous vegetables in Koru location of Nyando District. A M.sc. Thesis, Kenyatta University.

2002: Buluku Elizabeth:

An assessment of the Adequacy of the School meal meeting the Nutritional requirements of Girls in Nairobi Boarding Secondary Schools. Msc. Thesis, Kenyatta University.

Wanyoike Hanna Wairimu:

Weaning knowledge, Attitudes and Practices (KAP) among rural mothers: A case study of Makuyu Division, Murang'a (Maragua) District. Msc. Thesis, Kenyatta University.

Mativo G. Kioko:

Farming practices of small-scale Farmer and household Food Security: A case of Mumoni Division, Mwingi District, Kenya. MSc. Thesis, Kenyatta University.

Gitahi Faith Wanjira:

Nutritional Status and Food Habits of the Elderly in Ruambiti Sub-location, Kirinyaga District. M.Ed. thesis, Kenyatta University.

Ayoo Esther Awuor:

Effects of the current University Loan Scheme on the food

Consumption patterns of Public University students in Kenya.
Msc. Thesis, Kenyatta University.

Atiamuga D. Maria:

An investigation of Nutritional status among low and high achievers in selected Primary Schools in Vihiga Division, Kenya, M.Ed. Thesis, Kenyatta University.

2000: Kakai Joyce:

Inter-household Food distribution and nutritional Status of Pre-Schoolers in low and high Income Families in Nairobi, M.Ed. Thesis. Kenyatta University.

1999: Kitsao Patricia Kadzo.

Health Education in Kitooni Primary School, Machakos District with specific Reference to the child-to-child approach: An Ethnographic Study: M.Ed. Thesis, Kenyatta University.

Asule Pamellah Adamba,

Land Use, and Management of Household Food Security in Sabatia Division of Vihiga District, Western Province, Kenya M.Ed. Thesis, Kenyatta University.

Mburia Adel Kaari,

Health Factors in the Ecology of Human Development of the Primary School Child in Masii, Machakos District M.Ed. Thesis, Kenyatta University.

Ph.D. Completed

2008: Dorcas Mbithe David:

The efficacy of teaching nutritional education using school gardens among school children in Machakos District, Kenya. Ph.D Kenyatta University.

2003: Kabanza Ndosi Phoebe:

Factors influencing students' attitude towards institutional meals at Public and private universities in Uganda. A Ph.D. Thesis, Kenyatta University.

**(b) On going Supervision
Masters**

Nyagaya Martha Omondi:

Infant feeding practices of infected mothers enrolled in PMTCT program at Nyanza provincial Hospital, Kisumu. M.Sc Thesis, Kenyatta University.

Kamenderi Morris Gitau:

Factors associated with non compliance to exclusive infant formula feeding among HIV Positive mothers at Pumwani Maternity Hospital, Nairobi, Kenya. M.P.H. Thesis, Kenyatta University. Reg. I57/11030/04

Rayviscic M. Ndivo:

Assessment of the Kenya Domestic Tourist Destination and Factors Influencing their choice, Department of Hospitality & Tourism Management. Reg. H60/11257/04

Ruth Likhaya:

Knowledge Attitudes and Practices on Infant Feeding Options among HIV-Positive Mothers. A Case of Pumwani Maternity Hospital Nairobi. Department of Foods, Nutrition & Dietetics. Reg. I56/10808/06

Linet Achieng:

Nutrition Knowledge, Nutrient Intakes and Nutritional Status of Pre-School Children in Company Sponsored areas in Kericho and Bomet Districts, Kenya. Department of Foods and Nutrition.

Eglah Kiplagat:

Knowledge, Attitudes and Practices among Househelps and their impact on the Health status of Children 0-36 months in middle class urban estates, Nairobi. Department of Foods, Nutrition & Dietetics. Reg. I56/10805/06

Stella Makau:

Factors Affecting Food Intake and Nutritional Status of Elderly in Kaiti Division of Makueni District, Department of Foods, Nutrition & Dietetics.

Wilfrida Milly A. Agumba:

Effects of Drug and Substance Abuse on Workplace Conditions in Star Rated Hotels at the Kenyan Coast. Hospitality & Tourism Management Department, H60/11568/04, M.Sc. Kenyatta University.

Sarah Waswa:

Nutritional Status and Protein Dietary Intake of Soccer Players in the Premier League. A Case of Nairobi Province, Reg. I57/5014/2003

Martin Boniface Kumbe:

Food Security and Nutritional Status in HIV/AIDS affected households of Vihiga District. A Comparative Study of Affected and Non Affected Households. Department of Foods, Nutrition & Dietetics. Reg. H60/13414/05

Rhoda Njeru Ndanuko:

Prevalence and Risk Factors of Anaemica among Adolescent School Girls Aged 13 to 18 Years in Mukuru Slums of Nairobi, Department of Foods, Nutrition & Dietetics Reg. No. H60/12937/05

Oyaro Emilly Kemunto

Prevalence and Factors that contribute to obesity among pupils (9-15 Years). A Comparative Study of Public and Private Schools in Nairobi Kenya. Reg. No. H60/11128/04. M.Sc. Department of Foods, Nutrition and Dietetics, Kenyatta University.

Mercy W. Thambi Maundu:

Knowledge, Attitudes and Practices of Breastfeeding among Maternity and MCH Health Workers in Bomet District, Reg. No. H60/11120/04, M.P.H., Kenyatta University.

Karani Lizbeth Kageni:

Determining Diarrhoea Morbidity and Nutritional Status among Pre-School Children of Hawking Mothers in Nairobi City Markets. M.Sc. Public Health. Reg. I57/12143/04

Mundia Daisy Nekesa:

Factors Influencing the Uptake of Food Supplements by HIV Positive Mothers; A Case Study of Pumwani Maternity Hospital, Nairobi Kenya. M.Sc. Thesis, Public Health Department.

Muhinja Daniel Kamau:

Effect of Adoptation of Water Harvesting and Irrigation Technologies on Household Food Security in Isiolo Central Division, Isiolo District. M.Sc. Thesis, Maseno University.

On Going Ph. D Supervision

Daudi Ng'ida Mollel:

Small Ecotourism Ventures Performance and their Strategic Capabilities: A Case of Arusha and Kilimanjaro Regions in Tanzania. Ph.D. Thesis. Department of Hospitality & Tourism

Festus Keino Kiplamai:

Seasonal Variation in Physical activity and dietary intake as it affects type II Diabetes among people living around Lake Victoria. Department of Exercise, Recreation & Sports Sciences. Kenyatta University.

7.1 CONFERENCES AND WORKSHOPS ATTENDED

2008: Lead Scientists workshop. Vicres Research Nile, Resort, Jinja Uganda March 9-13.

2007: Obesity and Physical Activity conference, Ottawa Canada.

- IAAF Athletics Academy Workshop, Kenyatta University.
- Rapid Result Initiatives, Kenya School of Monetary Studies Kenya.
- Vicres annual conference, Nile Resort, Jinja, Uganda.

2006: IPGRI Conference on Diversity, Nutrition and Health, AICAD Headquarter, Juja, Kenya.

VicRes 3rd Annual General Meeting, Sunset, Hotel Kenya.

2005: 18th International congress on Nutrition, Durban South Africa.

Regional Congress for Kenya Coalition for Action, Nutrition, Food Security for Health and Development, Nairobi, Kenya.

2004: VicRes Annual meeting, Jinja, Uganda.

2003: Meeting the Challenges of Education and Training during the 21st Century, National Conference on Education and Training, Kenyatta Conference Centre, Nairobi, Kenya.

The Emerging Issues among the elderly: Helpage Consultative Regional Workshop on Ageing, Silver Springs Nairobi, Kenya.

VicRes Research Project Launching Workshop Nile Hotel, Jinja, Uganda.

AICAD Seminar on Agriculture, food and water in Africa: Policy and practice. Jomo Kenyatta University, Nairobi, Kenya.

Curriculum Review Workshop for Home Science and Technology, Moi University Eldoret, Kenya.

International Stakeholders' Conference on Education. University of Zimbabwe.

2002: Conference on Health Nutrition Skills for women and Girls with HIV/AIDS Addis Ababa, Ethiopia.

Conference on Advancement of Nutrition in Africa (Itana) Nairobi, Kenya.

2001: Workshop on strategies for teaching with the Internet Technologies. Kenyatta University, Nairobi, Kenya.

Workshop on Poverty, Literacy, Health and Environmental issues in Kenya: Exploring the Alternative development strategies, OSREA Conference, Nakuru, Kenya.

Conference on HIV/AIDS and Nutrition Sub-Committee of Nutrition, at New Stanley Hotel, Nairobi, Kenya.

Conference on Poverty alleviation by the Institute of Capacity Building in Africa, Mayfair Hotel, Nairobi, Kenya.

2000: Workshop on synthesis of PRISM Research and Evaluation Report, New Stanley Hotel, Nairobi.

Workshop on Applied Nutrition and Information Technology, Egerton University, Kenya.

Workshop on PRISM 2000 Impact Qualitative Data analysis. Sportsview Hotel, Nairobi.

Kenyatta University Senior Management Seminar, Safari Beach Hotel, Mombasa, Kenya.

Workshop on Applied Nutrition and Information Technology, Uppsala, Sweden.

1999: Workshop on the logistics of Headteachers Support Group Research Methodist Guest House, Nairobi.

Workshop on an Enquiry, into the Headteacher Support Groups,
Kenya Institute of Education, Nairobi.

Workshop on Alternative Complementary Approaches to ECCD.
Kenya College of Mass Communication and Technology, Nairobi.

PRISM out-put-to purpose Review MOE & HRD/DFID Jogoo
House, Nairobi.

1998: PRISM Annual Workshop Kenya College of Mass Communication
and Technology, Nairobi.

Workshop on follow-up to the Report of Analysis of Kenyan
Primary School Action Plans, Kenya Institute of Education,
Nairobi.

1997: PRISM National Workshop on Primary School Management in
Kenya, Kenya Institute of Special Education; Nairobi, Kenya.

PRISM Training Workshop on Qualitative Methods: 29th April,
1997 Kenyatta University; Nairobi, Kenya.

SPRED II Workshop on Refining Project Goals and Objectives;
Action Aid Headquarters, Nairobi, Kenya.

1996: PRISM Qualitative School/Community Planning Workshop,
Kenya Institute of Education, Nairobi, Kenya.

1995: A UNESCO-UNEVOC National workshop on Equal Access of
Girls and Women to technical and vocational Education in Kenya,
Kenyatta University, Nairobi, Kenya, December 1995.

World Health Organization (WHO) Workshop on Qualitative
Research in Health Care: Kenyatta University, Nairobi, Kenya,
December 1995.

A National Seminar on Gender, Equity in Institutions of Higher
Learning in Kenya, Kenyatta University, Nairobi, Kenya, November
1995.

A MOE/ODA Workshop on SPRED I Research Dissemination,
Kenya Institute of Education, Nairobi, Kenya. November 1995.

HEAA Regional Workshop on Reconceptualizing of the Home
Economics profession in Africa, Safari Park Hotel, Nairobi, Kenya,
November 1995.

A National Workshop on Soya bean processing & utilization,

Egerton University, Njoro, Kenya, October 1995.

Gender, Urbanization, and Environment (GUE) Research dissemination workshop, Mazingira Institute, Nairobi, Kenya, September 1995.

Restructuring of Postgraduate programme at the Department of Home Economics, Kenyatta University, Garden Hotel Machakos, Kenya.

1994: Urban management of food security and environment health: A gender perspective. GUE Sub-regional workshop 19th - 2nd September, 1994, Nairobi, Kenya.

National Committee for the Advancement of Women conference on strengthening women's economic development in Kenya, Busia, Kenya.

1993: CAHRE Conference on current research in Home Economics, Ottawa, Canada.

Canadian Association of African Studies conference on women and society, Toronto, Canada.

1989: Workshop on leadership in Home Economics in Africa, Nairobi, Kenya.

1988: Seminar on women and health, Nairobi, Kenya.

CHEA Conference and pre-conference workshop on Food, hunger and power: A Question of relationship, Gulf, Ontario, Canada.

1987: First All African conference on food security, Accra, Ghana.

1986 Workshop on curriculum re-orientation in Home Economics in selected African countries, Nairobi, Kenya.

1985: Seminar on better health of rural Kenya, Nairobi, Kenya.

7.2 PRESENTATIONS, AT SEMINARS, WORKSHOPS AND CONFERENCES

Waudu Judith: Nutrition Status of children in Armed Conflict. A Case of Kenyan's post election violence, presented at Oxford Round Table England, July 30, University of Oxford UK.

Waudó Judith: A paper on Consumption Patterns, Nutrient Intakes and Nutritional Status of Adult Men and Elderly in the Wetlands of Lake Victoria. Vicres Annual Conferences, Nile Resort Jinja Uganda, May 2007.

Waudó J, Tuitoek P, Cheserek M, Msuya J and Kikafunda J. Nutritional Vulnerability of the Urban Elderly in Lake Victoria Basin of East Africa. A paper presented at the International Conference and Workshop on Social and Human Development outcomes of Education and Poverty, Kenyatta University Kenya, 12-14 November, 2008

Waudó J and Kiplamai F: Ergogenic Aids. A paper presented at IAFF Athletics Academic meeting at Kenyatta University, Nairobi. 25th July – 1st August, 2007

Waudó J. Tuitoek P, and Cheserek M: Nutritional Status and Functional Ability of the Elderly in the Lake Victoria basin of East Africa, A paper presented at the Nutritional Conference in the Aging Morocco, September 2007.

Waudó J.: Food Security and Human Nutrition. A paper presented at the Institute of Science and Technology Studies (ACTS) Nairobi, Kenya, April 2006.

Waudó J. Food Consumption Patterns and Nutritional Status of Adult Men and Elderly Persons. A Paper Presented VICRES Annual Conference, Kisumu Hotel, Kisumu May 2006.

Waudó J. Tuitoek P, Msuya J. and Kikafunda J. Nutritional Status of Women in the Lake Victoria Basin. A paper presented at the MGD Workshop, Kenya School of Monetary Studies, 2005.

Kuria E. Waudó J. et al: Fortification as a tool to reduce Micronutrient Deficiencies in Kenya. A paper presented at the Food Fortification Workshop, Norfolk Hotel, Nairobi, Kenya. 2005.

Kimiywe J. and Waudó J. Use of Traditional Foods in Kenya, A paper presented at IPGRI workshop on African Foods, Health and Nutrition, IPGRI Headquarters, Nairobi, Kenya. 2004.

Waudó J. Tuitoek P. Msuya J and Kikafunda J. Food Consumption Patterns and Nutrition intakes by Women and Children under Five Years of Age in the Lake Victoria Basin. A paper presented at the Inaugural National Nutrition Congress for Coalition for Action in Nutrition, Food and Nutritional Security for Health and

Development, Kenya School of Monetary Studies, Nairobi, Kenya. 2004.

Mbakaya C. Waudu J. et al: An experience with using innovative Niple Anti Oxidant Therapy (ITATA) to manage HIV/AIDS Patients in Kenya. A paper presented at Nutritional Congress for Coalition for Action in Nutrition, Food and Nutritional Security for Health and Development, Kenya School of Monetary Studies, Nairobi, Kenya.

Waudu J: Child Nutrition in Kenya. A paper on Nutrition, and Applied Child Development Research in Africa, Silverspring Hotel, Nairobi, Kenya, 2003.

Waudu J. Information Technology and Nutrition. A paper presented at the National Nutrition Conference, Kenya Institute of Education, Nairobi, Kenya, 2003.

Waudu J. Tertiary Education for Women: African Experience. A Paper presented at the International Stakeholder's Conference, University of Zimbabwe, Harare, Zimbabwe, 2003.

Seminar on Improving Urban Peri-urban Nutrition and Health through Harnessing the Diversity of Traditional Foods ICRAF, Nairobi, Kenya.

Waudu J. Nutrition and the Aged. A paper presented at A Helpage Workshop on Curriculum Review, Silverspring Hotel, Nairobi, Kenya, 2003.

Seminar on Inter-religious and international Federation for World Peace, Grand Regency Hotel, Nairobi, Kenya.

Seminar on Report writing: National Household Food Consumption Survey, Nairobi, Kenya.

Waudu J. Nutrition & HIV/AIDS Care: Paper presented at the Nutrition Association of Kenya Workshop, Kenya Institute of Education, Nairobi, Kenya, 2003.

Waudu J. Health and Nutrition status of Children in Kenya: A Paper presented at the Childwatch International Conference, Jacaranda Hotel, Nairobi, Kenya, 2003.

Waudu J. Incorporation HIV/AIDS in the curriculum at the University level, A paper presented at workshop on mainstreaming HIV/AIDS in Curriculum, Utalii Hotel, Kenya.

Waudó J. Health and Nutrition skills for women and girls living with HIV/AIDS, A paper presented at Women and HIV/AIDS, Hilton Hotel Addis Ababa, Ethiopia, 2002.

Waudó J. Information Technology in the Advancement of Nutrition in Africa, paper presented at the sub-committee on nutrition, Nairobi, Kenya, 2001.

Waudó J, Herriot A and Mwiroti M. PRISM 2000 Impact study qualitative analysis. A paper presented at Ministry of Education PRISM Workshop, Sportsview, Nairobi, 2000.

Waudó J. PRISM Research and Evaluation Synthesis report. A paper presented at Ministry of Education PRISM Workshop, New Stanley, Hotel, Nairobi, Kenya, 2000.

Waudó J. Herriot A and Mwiroti M. Headteacher Management training in Kenya: Voices for change. A paper presented at an International Conference, Cambridge U.K, 2000.

Waudó J. Socio-Cultural Dimensions in Promoting CB-ECCD Programmes. A paper presented at Early Child Education workshop, Kenya College of Mass Communication Technology, Nairobi, 1999.

Waudó J. Kenya Primary School Action Plans. A paper presented at the PRISM Annual Workshop at the College of Mass Communication Technology, Nairobi, 1998.

Waudó J. Synthesis of PRISM Project. A paper presented at DFID Seminar at Silver Spring Hotel, Nairobi, 1998.

Waudó J. Guidelines in carrying out SPRED II Baseline Main Survey. A paper presented at SPRED Baseline Planning Seminar Garden Hotel, Machakos, Kenya, 1998.

Waudó J. The Analysis of Kenyan Primary Action Plans. A paper presented at PRISM workshop at Institute of Education, Nairobi, Kenya, 1998.

Waudó J. Using qualitative and quantitative Approaches in carrying out PRISM Baseline Studies. A paper presented at DFID Seminar CF/BT Headteachers Conference, Pan Africa Hotel, Nairobi, Kenya, 1998.

Waudu J. Baseline Research for Primary School Management in Kenya. Qualitative and Quantitative Studies, MOE/DFID, Nairobi, Kenya.

Waudu J. An overview of Research Methods for carrying out SPRED II Baseline Study. A paper presented at Ministry of Education stakeholders workshop, Naivasha, Kenya, 1998.

Waudu J. Juma M. Qualitative Research Methods. School/Community Studies. A paper presented at Ministry of Education/Kenyatta University workshop at Nairobi, Kenya, 1997.

Waudu J. Juma M. Herriot A and Mwiroti M. Using Qualitative and Quantitative Methods to assess Impact of PRISM Project in Kenya, Paper presented at the Oxford University, U.K, 1997.

Waudu J. Qualitative Research Methods, School/Community Studies. A paper presented at Ministry of Education workshop, Naivasha, Kenya.

Waudu J. Soya Beans Utilization in Kenya. A paper presented at GTZ/Ministry of Agriculture, Embu, Kenya.

Waudu J. Gender Perspectives on Food Security and Management of Environmental Health in Korogocho, Kenya. A paper presented at GUE Workshop Mazingira Institute, Nairobi, Kenya, 1995.

Waudu J. An Overview of Early Childhood Issues in Kenya: A paper presented at the Mini-Beijing workshop, Nairobi, Kenya; August 1995.

Waudu J. Management of Health and Physical Environments: Gender perspectives: A case study of two districts in Kenya" Canadian Association of African Studies. A paper presented at the Mazingira workshop on Gender Management of Resource, Nairobi Kenya, 1995.

Waudu J. Reflections of factors that facilitate and inhibit women in Development in Africa: The case of Kenya and Uganda. A paper presented at the Pan African Colloquium on Educational Innovations in post-colonial Africa Conference, 12-15 December 1994, Cape Town, South Africa.

Waudu J. Urban Nutrition and Health. A paper presented at International seminar on Gender, Urbanisation and Environment, 13-16 June, 1994, Nairobi, Kenya.

Waudó J. The use of qualitative methodology in studying urban Nutrition. A paper presented at the Kenyatta University/University of Alberta seminar on post graduate participatory approaches to instruction and research, February 6-11,1994. Nairobi, Kenya.

Waudó J. Starting small scale export businesses The issue of packaging and presentation. A paper presented at Seminar on the role of women, in income-generating activities in Kenya, Busia, March, 1994.

Waudó J. Women and work in Kenya. A paper presented at Gender Studies Seminar at YMCA, Edmonton, Alberta, Canada.

Waudó J. The Socio-Economic, Political and Cultural forces of Malnutrition in Africa. A paper presented at Canadian Association of African Studies, University of Toronto, Toronto, Ontario, Canada, 1993.

Waudó J. Female Educational Accessibility and attainment in Kenya. A paper presented at AWID conference, Kansas City, U.S.A., 1993.

Waudó J. Food security and development in Africa. A paper presented at a workshop at Food Security in Africa Slave Lake, Alberta, Canada, 1992.

Waudó J. The use of traditional foods in the African Diets. A paper presented at a workshop on Curriculum Re-orientation in Home Economics in selected African countries, Nairobi, Kenya, 1986.

8.0 SCIENTIFIC PUBLICATIONS

International

Gladys Gitau, Judith Kimiywe and Judith Waudó (2008)

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Mbithe D, Kimiywe J, Waudó J and Orodho J. (2008)

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Regional

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School, Machakos District, Kenya, with reference to the Child to Child Approach. The South African Journal of Clinical Nutrition. Vol. 15 No.2 pp. 26-30.

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Waudó, J.N. and Amos,R. (1986): Food choices and consumption Patterns of East African Students at Iowa State University. Journal of Home Economics.

RESEARCH REPOPRTS

Waudó J. Sley N. P. Nel J et al (2006) Dietary intake of adult women in South Africa and Nigeria with a focus on the use of Spreads. A Research Report.

Waudó J. et at (2005): Food Consumption Patterns and Nutritional Status of Women, Pre school Children, Adult men and Elderly persons in the Lake Victoria Basin. A Vices Research Report.

2002: Waudó N. Judith Gaseitsire B.M. and Chawanjec: Food Security from a woman's and Child's Human rights perspective. CD for Undergraduate students in Nutrition and Medicine.

Waudó et al (2000) Cascade strategies leading to learning Organizations as a basis for the Measurement of Impact: Implementing Primary School A Research report for Ministry of Education, Kenya.

Waudó J. and Juma M. (2000) An inquiry into the Headteachers Support Groups (HTSGS) within The PRISM Project, Kenya.

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Waudu, J. (1998): PRISM Analysis of Kenyan Primary School Action plans. A Research Report MOE&HRD/DFID, funded project.

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D. Mbithe, J. Kimiywe, J. W. Waudu and J. Orodho: Effect of a Structured of Papers Nutrition Education Intervention Programme on Pupils Nutritional Knowledge and Practices in Primary Schools in Machakos District, Kenya. A Paper presented at 3rd Africa Nutritional Epidemiology Conference, Cairo Egypt 13-16 October, 2002.

11.0 NETWORKING AND COLLABORATION WITH EXTERNAL ORGANIZATIONS

1. Research collaboration with children's Hospital of Ontario Canada on Nutrition and Physical activity.
2. Research collaboration with Amref Kenya on Baseline Study

on HIV/AIDS in Kenyan Public Universities.

3. Research collaboration with University of Sokoine Tanzania and Makerere University, Uganda on Research and Development of Food Guidelines.
4. Supervision collaboration with Mid Sweden University. Postgraduate Supervision.

12.0 PROJECT/RESEARCH GRANTS

1. Development of Food Based Guidelines. Vices Sponsored Project. 1 year project. Project collaborators are Egerton University, Makerere University and Sokoine University of Tanzania, Department of Foods and Nutrition. Money project value US\$ 42,412.
2. Kenyan International Development Study on Nutrition and Physical Activity (KIDS – CAN) 1 year project. Project collaborators are children’s Hospital of Ontario, University of British Columbia, Canada. Projects value \$ 25,000 planning phase, Equipment \$ 30,000.
3. Baseline study on HIV/AIDS in Kenya Universities. Sponsored by Inter University Council of East Africa. 1 year project collaborators, Amref Project value US\$ 93,000.

13.0 NATIONAL AND INTERNATIONAL RECOGNITION

International

- Editor of Kosmik Multidisciplinary Journal on Empirical Studies (KAMJES)
- Chief Editor. The Cener Journal of Nutritional Sciences and Physical Activity.
- External Examiner, Department of Food Science, Makerere University, Uganda.
- Board member of Advancement of Nutrition and Information Technology (Itana)
- Member of Navakholo and Namirama Secondary Schools Board, Kakamega District.
- External Examiner, Maseno University.
- Board member of the Kenyatta University Research and Exhibition Committees.

14.0 ACADEMIC LEADERSHIP

- Principal Researcher: Food Security and Nutritional Status of households in the Lake Basin of Lake Victoria.
- Principal Researcher in Unilever Research on Nutritional Status of Kenyan and South Africa Women.

- Principal Researcher on IPGRI Sponsored Research on the use of Traditional Foods in urban and peri-urban areas of Nairobi, Kenya.
- Responsible for initiating and developing the department of Hospitality and Tourism at Kenyatta University.
- Developed new structure of Graduate School, developed Graduate School Prospectus, revised postgraduate Examination Guidelines, Initiated Rapid Response Initiative for proposal development at Graduate School, Kenyatta University.

15.0 PROFESSIONAL MEMBERSHIP

- Member of information in the advancement of Nutrition in Africa (ITANA) Chairperson local chapter.
- Member of Nutrition Association of Kenya.
- Executive member of Home Economics Association for Africa.
- Member of child welfare society of Kenya.
- Council member, Information Technology for advancement of Nutrition in Africa.

16.0 CONTRIBUTION TO THE COMMUNITY

2000-Present: Board Member Namirama Girls Secondary School, Bunyala Location, Kakamega.

2007: Member of Trustees Alwali Hospitality Training Institute, Mumias Kenya.

Participated in the development of the proposal for Establishment of Masinde Muliro University in Kakamega, Kenya.

2003: Ambassador for interreligious and International Federation of world peace.

2003-Present: Chairperson, Abakoko ba ku women's group, Nairobi.

17.0 **REFEREES:**

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