

CURRICULUM VITAE

1.0 PERSONAL INFORMATION

NAME Dr. Andanje Mwisukha –
Bed (KU), Med (KU), PhD (KU)

CURRENT POSITION Lecturer, Kenyatta University

ADDRESS c/o Kenyatta University
Department of Recreation Management and Exercise
Science
Box 43844 – 00100, Nairobi

Cell Phone +254722936588
Email Address mwisukha@yahoo.com
Gender Male
Area of Specialization - Sports and Recreation Management and
Administration
- Sports Pedagogy

2.0 QUALIFICATIONS

2.1 University Education

- Kenyatta University PhD (2003-2007)
- Kenyatta University Master of Education in Physical Education (1994-1997)
- Kenyatta University Bachelor of Education in Physical Education and Religious Studies (1985-1988), Second Class (Upper Division)

2.1 High School Education

Kakamega High School (1982-1983)- Kenya Advanced Certificate of Education (Forms 5 to 6) Grades Attained: Christian Religious Education B, History C and Kiswahili Language E.

2.2 Secondary Education

Kivaywa Secondary School (1978-1981)- Kenya Certificate of Education (Forms I to IV). Grade Attained: Division One; mathematics 6, English 6, Biology 3, History 1, Literature in English 3, Christian Religious Education 3 and Kiswahili language 3.

2.3 Primary School Education

Lurale Primary School (1971-1977) Certificate of primary Education (Standard I to IV). Grades Attained; Mathematics A-, English B- and General Subjects B.

3.0 EMPLOYMENT HISTORY/WORK EXPERIENCE

- Lecturer, Department of Recreation Management and Exercise Science, Kenyatta University (December 2006 to this date)
- Assistant Lecturer, Department of Exercise, Recreation and Sports Science, Kenyatta University (April 2004 to December 2006)
- Manager, Health and Recreation Centre, Physical Education Department, Kenyatta University (December 2000 to April 2004)
- Director, Kenya National Sports Institute (August 1999 to December 2000)
- Deputy Director, Moi International Sports Centre, Kasarani (August 1998 to July 1999).
- Deputy Director, Kenya National Sports Institute (November 1996 to August 1998).
- District Sports Officer – Nyandarua District (October 1991 to November 1994)
- P.E/Games Tutor at:
 - Moi Diploma Teachers’ College (May 1990- December 1990)
 - Eregi Teachers Training Collge (January 1991 to October 1991)
- High School Teacher at:
 - Loreto High School, Matunda (May 1988-April 1990)
- Untrained Secondary School Teacher at:
 - i. Landweti Secondary School (May 1984-April 1985)
 - ii. Kivaywa Secondary School (May 1984-April 1985)

4.0 ADMINISTRATIVE RESPONSIBILITIES

- Chairman, Department of Recreation Management and Exercise Science (May 2009 to this date).
- Warden – Nyayo 3 and 4 Hostels, Kenyatta University October (2006 to June 2009).
- Chairman, School Board of Postgraduate Studies, School of Applied Human Sciences, Kenyatta University (27th May, 2008 to this date).
- Departmental Representative to the School Board of Postgraduate Studies, School of Applied Human Sciences, Kenyatta University (15th December, 2006 to June 2009).
- Chairman, Board of Postgraduate Studies, Department of Exercise, Recreation and Sports Science, Kenyatta University (December, 2006 to June 2009).
- Secretary of Postgraduate Curriculum Development Committee, Institute of Kinesiology, Leisure and Recreation Management, Kenyatta University (2002-2004)
- Member of the Departmental Staff Appraisal Committee, Department of Exercise, Recreation and Sports Science, Kenyatta University (2002- to this date)
- Assistant Treasurer of the Kenya Association for Health, Physical Education, Recreation, Sports and Dance (KAHPER S.D)- November, 200 to October 2006)

- Secretary of the National Sports Policy Formulation Committee, Ministry of Culture and Social Services (1999 to 2002)
- Coordinator, Curriculum Development Committee, Kenya National Sports Institute, Ministry of Culture and Social Services (1996 to August 1998)
- Member of the District Executive Committee (D.E.C), Nyandarua District (October 1991 to November 1994)
- Executive Member of the District Development Committee, Nyandarua (October 1991 to November 1994)
- Chairman of the Prizes and Awards Committee of the Nyandarua District Agricultural Show (January 1993 to November 1994)
- Games Teacher/Tutor at the following institutions:
 Eregi Teachers Training College (January 1991 to October 1991)
 Moi Diploma Teachers' College (May 1990 to December 1990)
 Loreto High School Matunda (May 1988 to April 1990)
 Kivaywa Secondary School (May 1984 to April 1985)
 Lwandeti Secondary School (January 1984 to April 1984)

5.0 POSTGRADUATE SUPERVISION

(a) Completed Masters Supervision

1. Name - Luka Waiganjo Boro Reg. No. I56/10309/2006
 Date of Completion - November, 2008
 Year of Graduation - December, 2008
Title of Thesis: Assessment of Employers' Awareness of Exercise Ergonomics in Banking Institutions in Nairobi, Kenya.
2. Ramsey Lewis K. Nyaga Reg. No. I56/10308/2006
 Year of Graduation - December, 2008
Title of Thesis: Management of Elite Middle and Long Distance Runners in Kenya.
3. Jane Wairimu Reg. No. I56/13820/05
Title of Thesis: Survey of Special Educators' Use of Selected Instructional Strategies in Physical Education in Special Public Units in Kenya (Graduated December 2009)
4. Kithuka Raphael Munyao Reg. I56/13057/05
Title of Thesis: The Traditional Games of the People of Ukambani in Kenya (Successfully defended thesis – Awaiting graduation)
5. Gichia P. Njau Ess/10681/04 (M.Ed)
Title of Thesis: Constraints facing the Teaching of Adapted Physical Education in Joytown Secondary School of the Physically Handicapped, Thika District, Kenya (Graduated in December, 2009)

6. Ndegwa Isabel Njeri I57/CE/12138/04
Title of Thesis: Factors Influencing Behaviour Change for HIV-AIDS Prevention among Students in Githunguri Division, Kiambu East District (successfully (Defended – Awaiting graduation)

(b) Completed Postgraduate Diploma Project Supervision

1. Ombeba Richard Chitechi Reg. No E37/0006/03
Date of Completion - November, 2008
Year of Graduation - 2008
Title of Project: Factors Affecting the Development of Soccer in Kenya: The of Nairobi Province
2. Ndiga-Mandu Agnes W. Reg. No I67/11358/07
Date of Completion - 2008
Year of Graduation - 2008
Title of Project: An Evaluation of the Maintenance of Developed Public Sports Facilities in Nairobi Province, Kenya
3. Muchiri James Maina H108/10871/08
Title of Project: Motivation Factors Influencing Work Performance of Public Servants in the Department of Sports in Western of Public Servants in the Department of Sports in Western Province, Kenya (Graduated in December, 2009).
4. Muema K. Munguti I67/10856/07
Title of Project: Football Personnel's Perception of the causes and Consequences of Wrangles in the Management of Soccer in Kenya (Graduated in December, 2009)
5. Momanyi John Omabati I108/10872/2008
Title of Project: Effectiveness of staff Appraisal Methods for Public Sports Officers in Nairobi, Kenya. (Graduated in December, 2009).

(c) Ongoing Masters Supervision

1. Chege Peninah Wanjiku Reg. No.
Title of Thesis: Viability of Slum Tourism Product in Kenya: The Case of Kibera slum
2. Mucheke Charles Muthaine Reg. No.
Title of Thesis: Investigation into the Relationship between Team Cohesion and Sports Performance Among basketball Teams in the National Classic League in Kenya.

3. Sirengo Nyongesa Wilson I56/10855/07
Title of Thesis: Anthropometric Measures and Dietary Habits of School-Age Children in Nairobi province
4. Janet Chumba Muhalia I56/CE/11901/07
Title of Thesis: Development of Sports Tourism in Kenya
5. Oketch Sebastian Onyango I56/CE/11956/08
Title of Thesis: Player Satisfaction within Rugby Teams in Kenyan Universities

(d) Ongoing PhD Supervision

Stephen Mabagala I84/10324/2007

Title of Thesis: Extent of Compliance with Professional Code of Ethics and Conduct by Physical Education Teachers in Secondary Schools and Teachers' Colleges in Tanzania

Warutere P

Title Thesis: Disaster Preparedness and Possible Legal Liabilities in Injury Occurrence amongst Students in Secondary Schools in Central Province

5.1 Evaluation of Postgraduate Theses

(a) Masters Theses Evaluated

1. Rasmey K. Lewis K. Nyaga Reg. No. I56/13308/06
Title of thesis: 'Management of Elite Middle and long Distance Athletes in Kenya', Kenyatta University (2008)
2. Elizabeth Mse I56/11200/04
Title of thesis: "Utilization Trends of Dietary Supplements by Rugby Players in the 2006 Season of the 2000 Season of the Kenya Cup League," Kenyatta University (2008)
3. Maithya Edna Katiwa I56/5659/03
Title of Thesis: "The Efficiency of Physical Exercise Programme on the Stereotypic Behaviour and Response amongst Austic children at the Nairobi Austism Unit" Kenyatta Universty (2008)
4. Juliah Wambui Githanga I56/13056/05

Title of Thesis: “Metabolic Equivalents for functional Independence of Elderly Kenyans in Selected Homes for the Aged in Nairobi Province,” Kenyatta University (2008)

5. Jane Mwangi Wairimu I56/13820/05

Title Thesis: Survey of special Educators use of selected instructional strategies in Physical Education in special Public Units. Kenyatta University (2009)

6. Gichia P. Njau Ess/10681/04 (M.Ed)

Title of Thesis: Constraints facing the Teaching of Adapted Physical Education in Joytown Secondary School of the Physically Handicapped, Thika District, Kenya (Graduated in December, 2009)

PhD Theses Evaluated

1. Helen Nkatha Muthomi I84/15161/04

Title Thesis: “Impact of a Three-Day Outdoor Education Programme on Life Effectiveness of Staff Trainees in Kenyan Corporate Settings,” Kenyatta University(2008)

2. Mugalla Hannongton Bulinda I84/0033/2003

Title of Thesis: “Analysis of Demographic Factors, Achievement Goal Orientation and Satisfaction among Kenya Volleyball League Players” – Kenyatta University. Kenyatta University (2008).

3. Muniu Robert K. I84/0034/2003

Title of Thesis: The Effect of Sports on Examination Related Stress among Selected Kenyan Secondary School Students- Kenyatta University (2009).

6.0 RESEARCH AND PUBLICATIONS

Publications in Journals

1. Asembo, J. M, Andanje Mwisukha and W. W. S. Njororai (1998). The Effect of the offside Rule Abolition on Selected Offensive Actions, Fouls and Injuries in Field Hockey. African Journal for Physical, Health Education, Recreation and dance Vol. 4 No. 1, p. 9-12
2. Njororai W.W. S., Mwisukha, A. and Onywera V. (2003). Health-Related Lifestyles of Clients of Kenyatta University’s Health and Recreation Centre. East African Journal of Physical Education, Sports Science, Leisure and Recreation Management, Vol. 1 Issue1, March, p. 112-119.
3. Onywera, V., Njororai, W.S.S., and Mwisukha. A (2003). Analysis of Acute Injuries Incurred by Soccer Players during the 2001 Moi Golden Cup Soccer Tournament in Kenya. East African Journal of Physical Education, Sports Science, Leisure and Recreation Management, Vol. 1 Issue1, March ,p.72-85
4. Mwisukha, A., Njororai W.W.S and Onywera, V.O (2003). Contributions of Sport Towards National Development in Kenya. East African Journal of Physical

Education, Sports Science, Leisure and Recreation Management, Vol. 1 Issue 2, September, P. 73-81.

5. Mwisukha, A., Omotayo. O.O. and Gitonga, E.R. (2003). Streamlining the Selection Process of Sports Teams: A presentation of Valuable Tips. East African Journal of Physical Education, Sports Science, Leisure and Recreation Management, Vol. 1 Issue 2, September, P. 100-105.
6. Ladani. B.A. and Mwisukha, A. (2003). The Impact of Colonial Physical Training Syllabi on the Development of Physical Education and Sport in Nigeria with Particular Reference to 1933 Syllabus. East African Journal of Physical Education, Sports Science, Leisure and Recreation Management, Vol. 1 Issue 2, September, P. 1-8.
7. Njororai, W.W.S., Achola, P.W and Mwisukha. A. (2003). Demystifying the Ideology of Masculinity in Kenya's Sports. East African Journal of Physical Education, Sports Science, Leisure and Recreation Management, Vol. 1 Issue 2, September, P. 82-93.
8. Onywera, V.O., Njororai. W.W.S and Mwisukha. A. (2004). Injury Surveillance in a Soccer Tournament in Kenya. African Journal for Physical health Education, Recreation and Dance (AJPHRD), Vol 10, No. 3 (September).
9. Njororai, W.W.S, Goitonga, E.R., Bailasha, N.K. and Andanje, M. (2004). Assessment of Injuries in Physical Education Lessons in Kenya Science Teachers' College, Kenya. West Africa Journal of Physical and Health Education (WAJOPHE), vol. 8, 2004, page 153-159.
10. Andanje, M., Gitonga, E.L. and Njororai, W.W.S. Analysis of Post-Graduate Research in the Department of Physical Education, Kenyatta University, Kenya. African Journal of Cross-Cultural Psychology and Sport Facilitation. Vol. 6 June 2004.
11. Mwisukha, A. and Mukolwe N. (2008). Strategy for Promoting Sport in Kenya. Journal of Educational Research and Development Vol. 2 Number 1 pg 142-147.
12. Mwisukha A., Njororai , W.W.S., Wamukoya, E.K. and Boit, M. (2007). Profiles of Kenya's Athletics Coaches: Implications for the Development of Athletics in the Country. Journal of Educational Research and Development Vol. 2, Number 2, pg 191-197.
13. Mwisukha, A. (2009). Participation in Leisure Activities: The Problem of Time Famine. African Journal of Applied Human Sciences Vol. Issue Number 1, pg 18-21.
14. Mwangi P. Wanderi, Andanje Mwisukha and Peter Bukhala(2009). Enhancing the Full Potential of Persons with Disabilities through Sports in the 21st Century. Online

Publication at <http://dsq.sds.org> in the **Disability Studies Quarterly**, vol. 29, No. 4(2009).

15. Andanje Mwisukha: Coach – Athlete Relationships, *Journal of Educational Research and Development*, Vol. 4, Number 1, 2009 Pp 129 -132.
16. Andanje Mwisukha and Elijah Gitonga Rintaugu: Leisure – Sports Participation Patterns of Post-Graduate Students. The Case of Kenyatta University. *Journal of Educational Research and Development*, Vol. 4, Number 1, 2009 pp 57 – 63.
17. Andanje Mwisukha and Peter Mwangi Wanderi: Review of Management Issues and challenges in Kenya’s Sports as a Basis for future Development. *Journal of Educational Journal of Educational Research and Development*, Vol. 4, Number 1, 2009 pp 80 – 85
18. Mukwole Asakhulu Newton and Andanje Mwisukha: Relationships between Peer Altitudes Towards School, selected Peer Group Activities and Academic Achievement of Secondary School Students in Nairobi. *Journal of Educational Journal of Educational Research and Development*, Vol. 4, Number 1, 2009, pp 99 – 104.

7.0 Papers Published in Edited Conference Proceedings

1. Mwisukha, A. (2007). Evaluation of the Professional Preparation and Certification of Athletics Coaches in Kenya. Proceedings of the Joint Congress 2007 SEA games and ASEAN Para Games Scientific Congress and 5th Bangkok ASPASP International Congress on Sport Psychology held between 1st and 4th December, 2007 Bangkok, Thailand.
2. Mwisukha, A., Ringtaugu, E.G. and Nteere, J.S. (2007). Analysis of Influences in Soccer: The case of Kenya Science Teachers College. Proceedings of the Joint Congress 2007 SEA Games and ASEAN Para Games Scientific Congress and 5th Bangkok ASPASP International Congress on Sport Psychology held between 1st and 4th December, 2007 in Bangkok, Thailand.
3. Mwisukha, A. and Kiganjo, G. M (1998). Delegation of Responsibility and Empowerment of Students Sports Leaders in Kenyan Universities. Edited proceedings of seminar on Sports in Kenyan Universities at Egerton University, 3rd and 4th April, 1997, P. 46-51
4. Mwisukha, A (2000). Organization of a Sports Meet. Edited Proceedings of the second Conference of the Kenya Association for Health, Physical Education, Recreation, Sport and Dance held at Egerton University, 4th -5th September, 1998,p.22-24
5. Mwisukha, A (2000). Role of Public Relations in Sports. Edited Proceedings of the second Conference of the Kenya Association for Health, Physical Education, Recreation, Sport and Dance held at Egerton University, 4th -5th September, 1998,p.33-37
6. Asembo, J.M, and Mwisukha, A (2000). An Appraisal of the Kenya men’s Hockey Team performance in International Field Hockey competitions (1956-1996). Edited proceedings of the Third Scientific Congress of the Africa Association of Health, Physical Education, Recreation, Sport and Dance (AFAHPER – S.D.) held in Nairobi, 11th -15th September, 1997,p. 38-47.

7. Onywera, V and Mwisukha, A (2001). Sport as a Means of Preventing Conflict in Higher Educational Institutions. Published in the Edited Proceedings of the International Conference on Transformation of Higher Education for Efficacy in Africa held at Kenyatta University, 12-16 November, 2001.
8. Gitonga, E and Mwisukha, A (2003). HIV/AIDS and Sports. Published in Edited proceedings of the Teachers' Workshop on Issues in Primary School Physical Education held at Kenyatta University, 19th 21st May, p. 97-101 (2007).

7.1 Participation in / Attendance of Conferences/Workshops

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|------|---|
| 2009 | The 1 st Kenyatta University Research Conference: Moving Research to Wealth Creation, held at Kenyatta University, 28 th – 30 th April. |
| 2009 | Workshop on Sport Without Borders, Organized by University of Manitoba, Kenyatta University, KEMRI and Terik Community, held on 20 th to 24 th April, 2009 at Utalii Hotel Nairobi |
| 2008 | 5 th All African University Pre-Games Conference held on 3 rd -5 th July, 2008, University of Makerere, Kampala, Uganda |
| 2008 | Moi University Annual International Conference held on 29 th July to 1 st August, 2008, Moi University, Eldoret, Kenya. |
| 2008 | 1 st Continental International Council for Coach Education Conference for Africa held on 23 rd -25 th October, 2008, Tshwane University of Technology, Pretoria, South Africa. |
| 2007 | Joint Congress 2007 SEA Games and Asean Para Games Scientific Congress and 5 th Bangkok ASPASP International Congress on Sport Psychology held on 1-4 December, 2007 in Bangkok, Thailand. |
| 2007 | 3 rd Annual Moi University International Conference, University, Eldoret, Kenya |
| 2007 | Kenya Association of Education Administration and Management Conference held on 9 th to 11 th April, 2007 at Moi University, Eldoret, Kenya. |
| 2007 | The 5 th KYU-TUS Science and Technology Conference for Universities and Research Institutions, held on 17 th to 18 th December 2007 in Kampala Uganda |
| 2007 | Physical Education Workshop for Lecturers from Teacher Training Colleges, held at Moi International Sports Centre (Kasarani) in Nairobi on 25 th to 30 th November, 2007 |
| 2007 | IAAF Elite Coaches Workshop held at IAAF Academy, Kenyatta University on 25 th July to 1 st August 2007. |
| 2006 | Workshop of the Kenya Association of Education Administration and Management held at Wagon Wheel Hotel, Eldoret, 29 th , 2006. |
| 2005 | 6 th AFAHPER-SD Conference held at Kenyatta University on 9 th to 11 th November 2005 |
| 2005 | Conference on the Role of Universities in the Attainment of the Millennium Development Goals, held on 14 th to 18 th 2005 at the School of Monetary Studies, Nairobi. |

- 2005 2nd East Africa Regional Pre-Games Scientific Conference on Sport and Physical Education for Greater Cooperation in Eastern Africa held at Kenyatta University, Nairobi, Kenya, between 18th and 19th November 2004.
- 2004 16th Workshop for Winners of the Organization for Social Science Research in Eastern and Southern Africa (OSSREA) on Gender Issues Research Grant programme held in Addis Ababa between 14th and 16th September, 2004.
- 2004 16th Workshop for Winners of the Organization for Social Science Research in Eastern and Southern Africa (OSSREA) on Gender Issues Research Grant Programme held in Addis Ababa between 25th and 29th July, 2004.
- 2003 The 8th All-Africa Pre-Games Scientific Congress held in Abuja, Nigeria between 29th September and 3rd October, 2003.
- 2003 Teachers' Workshop on Issues in Primary School Physical Education held at Kenyatta University between 19th and 21st May 2003.
- 2002 The 4th Conference of the Kenya Association for Health, Physical Education, Recreation, Sport and Dance held at Kenyatta University between 21st and 22nd November, 2002.
- 2001 The East African Regional Conference of the Africa Association for Health, Physical Education, Recreation, Sport and Dance held at Makerere University, Uganda between 13th and 16th December, 2001.
- 2001 International Conference on Transformation of Higher Education Management and Leadership for Efficacy in Africa, held at Kenyatta University between 12th and 16th November, 2001.
- 2000 The Third Conference of the Kenya Association for Health, Physical Education, Recreation, Sport and Dance (KAHPER_SD), held at the Kenya National Sports Institute, Nairobi between 3rd and 4th November 2000.
- 1998 2nd Conference of the Kenya Association for Health, Physical Education, Recreation, Sport and Dance (KAHPER-SD), held at Egerton University (Kenya) between 4th and 5th September.
- 1997 The 3rd Scientific Congress of the Africa Association of Health, Physical Education, Recreation, Sport and Dance (AFAHPER-SD), held in Nairobi between 11th and 15th September 1997.
- 1997 Seminar of the Kenya Universities Sports Association (KUSA) and the Kenya Association for Health, Physical Education, Recreation, Sports and Dance (KAHPER-SD) on sports in the Kenyan Universities held at Egerton University between 3rd and 4th April 1997.
- 1996 The 1st Congress of the Kenya Association for Health, Physical Education, Recreation, Sport and Dance (KAHPER-SD), held at Kenyatta University in July, 1996.

7.2 Presentation of Papers at Academic and professional Conferences

1. Waiganjo Luka Boro and Mwisukha, A (2009). Assessment of the Employee's Awareness of the Applicability of Ergonomic Exercises in the Banking Institutions in Nairobi. Paper Presented at the First Kenyatta University Research Conference held at Kenyatta University, 28th-30th April, 2009.

2. Mwisukha, A: Development of a Model High Attitude Training Centre for Middle and Long Distance Athletes in Kenya. Presented during the Workshop on Sport without Borders Organized by University of Manitoba, Kenyatta University, KEMRI and Terik Community, held on 20th -24th April, 2009 Utalii hotel, Nairobi Kenya.
3. Mwisukha, A: Training of Coaches for People Living in Slums and Marginalized Communities in Kenya and Canada as Foundation for Sports Development. Presented during the workshop on Sport Without Borders organized by the University of Manitoba, Kenyatta University, KEMRI and Terik Community held on 20th -24th April 2009 at Utalii Hotel Nairobi, Kenya.
4. Mwangi, P. W., Mwisukha, A. and Muniu, R: The Relevance of Physical Education and Sports in the Achievement of the Millenium Development Goals (MDGs) in East African Region. Presented during the 5th All-African University Pre-Games Conference held on 3rd – 5th July 2008 at Makerere University, Kampala, Uganda.
5. Mwisukha, A. and Wanderi, P.M: Review of Management Issues and Challenges in Kenya's Sports as a Basis for Future Sports Development. Paper presented during the 5th All-African University Pre-Games Conference held on 3rd – 5th July 2008 at Makerere University, Kampala, Uganda.
6. Mwisukha, A: Coach-Athlete Relationships. A Paper presented during the 5th All-African University Pre-Games Conference held on 3rd – 5th July 2008 at Makerere University, Kampala, Uganda.
7. Gitonga, E. and Mwisukha, A: Kenyan Athlete's Retirement from Competitive Sport Experiences: Preliminary Findings. Paper Presented during the Moi University 4th Annual International Conference held between 29th July and 1st August,, 2008 at Moi University, Eldoret, Kenya.
8. Mwisukha, A: Ethics in Coaching. A Paper presented at the 1st Continental International Conference of Coaches Education held between 23rd and 25th October, 2008 in Pretoria, South Africa.
9. Mwisukha, A., Njororai, W. W. S, Wamukoya, E. K. and Boit M.: Insights into the Training of Athletics Coaches in Kenya. Paper presented at the 1st Continental International Conference of Coaches Education held between 23rd and 25th October, 2008 in Pretoria, South Africa.
10. Mwisukha, A.: Evaluation of the Professional Preparation and Certification of Athletics Coaches in Kenya. Presented at the Joint Congress 2007 SEA Games and ASEAN Para Games Scientific Congress and 5th Bangkok ASPASP International Congress on Sport Psychology held between 1st and 4th December 2007 in Bangkok, Thailand.
11. Mwisukha, A. Ritangu, E. G. and Nteere, J. S.: Analysis of Influences in Soccer: The Case of Kenya Science Teachers College. A Paper Presented at the Joint Congress 2007 SEA Games and ASEAN Para Games Scientific Congress and 5th Bangkok ASPASP International Congress on Sport Psychology held between 1st and 4th December 2007 in Bangkok, Thailand.
12. Mwisukha, A., Gitonga, E. and Wanderi, P. M.: Towards Gender Equity in Sports: Insights into the Under-Representation of Women in Sports Leadership in Kenya. A Paper Presented at the 3rd Moi University International Conference held between 31st July and 4th August, 2007 at Moi Universtiy, Eldoret, Kenya.

13. Mwisukha, A. and Wanderi, P. M.: Popularization of Physical Education and Sports in Kenya's Schools. A Paper Presented at the Kenya Association of Education Administration and Management Conference held between 9th and 11th April 2007 at Eldoret, Wagon Wheel Hotel, Kenya.
14. Wanderi, M. P. and Mwisukha, A.: The Scientific Relevance of Physical Education and Sports in the Achievement of the Millenium Development Goals (MDGs) in East Africa. A Paper Presented at the 5th KYU-TUS Science and Technology Conference for Universities and Research Institutions, held between 17th and 18th December 2007 in Kampala, Uganda.
15. Mwisukha, A.: Leisure and Recreation vis-à-vis Sports and Physical Education. A Paper Presented at the Physical Education Workshop for Lecturers from Teachers Training Colleges, held at Moi International Sports Centre (Kasarani) in Nairobi, between 25th and 30th November, 2007.
16. Mwisukha, A.: Planning and Officiating of Sports. A Paper Presented at the Physical Education Workshop for Lecturers from Teachers Training Colleges, held at Moi International Sports Centre (Kasarani) in Nairobi between 25th and 30th November, 2007.
17. Mwisukha, A.: Leisure and Recreation vis-à-vis Sports and Physical Education. A Paper Presented at the Physical Education Workshop for Lecturers from Teachers Training Colleges, held at Moi International Sports Centre (Kasarani) in Nairobi between 25th and 30th November, 2007.
18. Mwisukha, A.: Understanding Coach-Athlete Relationships. A Paper Presented at the IAAF Elite Coaches Workshop held at the IAAF Academy, Kenyatta University between 25th July and 1st August 2007.
19. Mwisukha, A.: Managing Athlete Career Transitions. A Paper Presented at the IAAF Elite Coaches Workshop held at the IAAF Academy, Kenyatta University between 25th July and 1st August 2007.
20. Wanderi, P.M., Mwisukha, A. and Muniu, R.K.: Recreation and Sports as Tools of Managing Stress in Schools. Presented at workshop of the Kenya Association of Education Administration and Management held at Wagon Wheel Hotel, Eldoret, 29th September, 2006.
21. Litaba, S. A., Njororai, W. W. S. and Mwisukha, A.: The Development of Rugby Football in Kenya and the Way Forward. A Paper Presented at the 6th AFAHPER-SD Conference held at Kenyatta University between 9th and 11th November, 2005.
22. Mwhaki, M., Wabuyabo, I. K., Andanje, M. and Odero, M. N.: Fitness Based Ranking of Teams Participating in Zone Five Handball Championships. A Paper Presented at the 6th AFAHPER-SD Conference held at Kenyatta University between 9th and 11th November, 2005.
23. Mwisukha, A., Simiyu, N. W. S. Wamukoya, E. K. and Boit, M.: Analysis of the Profiles of Kenya's Top Athletics Coaches: Implications for the Development of Athletics in the Country. A Paper Presented at the 6th AFAHPER-SD Conference held at Kenyatta University between 9th and 11th November, 2005.
24. Muasya, V., Mwisukha, A. and Simiyu, N. W. W.: Analysis of the Health-Related Fitness Status of Lecturers and Students of Kenyatta University, Kenya (2004). A Paper Presented at the 6th AFAHPER-SD Conference held at Kenyatta University between 9th and 11th November, 2005.

25. Rintaugu, G. and Mwisukha, A.: Analysis of Inter-Scholastic Programmes in Kenya. A Paper Presented at the 6th AFAHPER-SD Conference held at Kenyatta University between 9th and 11th November, 2005.
26. Mwisukha, A. and Muniu, R. K.: The Role and Potential of Universities in the Development of Sports for Economic Empowerment of the People of Kenya. A Paper Presented at the Conference on the Role of African Universities in the Attainment of the Millenium Development Goals held at the School of Monetary Studies, 14th – 18th November, 2005.
27. Issah, W. and Mwisukha, A.: Girl-Child in Sports: Health Implications. A Paper Presented at the 6th ATWS Conference held at Western University of Science and Technology between 22nd and 24th November, 2005.
28. Muniu, R. and Mwisukha, A.: The Role of Psychology in Sports Performance. A Paper Presented at the 6th ATWS Conference held at Western University of Science and Technology between 22nd and 24th November, 2005.
29. Muasya, V. and Mwisukha, A.: Aerobic Dance: The Generic Term for Fitness. A Paper Presented at the 6th ATWS Conference held at Western University of Science and Technology between 22nd and 24th November, 2005.
30. Andanje, M.: Strategy of Promoting Sport in Kenya. A Paper Presented at the 6th ATWS Conference held at Western University of Science and Technology between 22nd and 24th November, 2005.
31. Mwisukha, A., Gitonga, E., Muthua, G. M. and Omondi, P. O.: Investigation of Self-Perception of Football and Volleyball Players of Meru Technical Training Institute. A Paper Presented at the 2nd East Africa Regional Pre-Games Scientific Conference on Sport and Physical Education for Greater Cooperation in Eastern Africa held at Kenyatta University between 18th and 19th November, 2004.
32. Mwisukha, A., Warutere, C. M. and Wanderi, M. P.: Leisure and Recreation Participation: The Problem of Time Famine. A Paper Presented at the 2nd East Africa Regional Pre-Games Scientific Conference on Sport and Physical Education for Greater Cooperation in Eastern Africa held at Kenyatta University between 18th and 19th November, 2004.
33. Wamukoya, E. K., Mwisukha, A. and Thwagi, M. J.: Physical Activity and Mortality Among Aged Persons. A Paper Presented at the 2nd East Africa Regional Pre-Games Scientific Conference on Sport and Physical Education for Greater Cooperation in Eastern Africa held at Kenyatta University between 18th and 19th November, 2004.
34. Warutere, C. M., Wanderi, P. M. and Mwisukha, A.: Insights into the Family Setting as a Centre for Leisure and Recreation Service Delivery. A Paper Presented at the 2nd East Africa Regional Pre-Games Scientific Conference on Sport and Physical Education for Greater Cooperation in Eastern Africa held at Kenyatta University between 18th and 19th November, 2004.
35. Gitonga, E., Njororai, W. W. S. and Mwisukha, A.: Sports Participation of Postgraduate Students at Kenyatta University. A Paper Presented at the 2nd East Africa Regional Pre-Games Scientific Conference on Sport and Physical Education for Greater Cooperation in Eastern Africa held at Kenyatta University between 18th and 19th November, 2004.
36. Mwisukha, A.: Towards Gender Equity in Sports: Insights into the Under- Representation of Women in Sports Leadership in Kenya: A Paper Presented at the Workshop for Winners of the 16th Gender Issues Research Grant Programme of the Organization for Social Science

- Research in Eastern and Southern Africa (OSSREA) held in Addis Ababa, Ethiopia, 25th – 29th July 2004.
37. Mwisukha, A, and Gitonga, E.: Implications of HIV-AIDS in the Development of Africa. A Paper Presented at the 5th International Conference of the Association of Third World Studies held at the University of Eastern Africa Baraton, 14th – 16th September, 2004.
 38. Mwisukha, A.: Evaluation of Performances in the World Athletics Championships since 1983: Implications for the Development of Athletics in Africa. A Paper Presented at the 8th All-Africa Games Scientific Congress held in Abuja, Nigeria between 29th September and 3rd October, 2003.
 39. Wamukoya, E. K. and Mwisukha, A.: Towards Expansion of Sports Sponsorship: An Examination of the Main Features of a Sponsorship Deal. A Paper Presented at the 8th All-Africa Games Scientific Congress held in Abuja, Nigeria between 29th September and 3rd October, 2003.
 40. Gitonga, E. and Mwisukha, A.: HIV-AIDS and Sports. A Paper Presented at Teachers' Workshop on Issues in Primary School Physical Education held at Kenyatta University, 19th – 21st May, 2003.
 41. Mwisukha, A.: Organization of a Sports Meet. A Paper Presented at Teachers' Workshop on Issues in Primary School Physical Education held at Kenyatta University, 19th – 21st May, 2003.
 42. Mwisukha, A.: Evaluation of Safety Measures taken at Public Swimming Pools in Nairobi City, Kenya. A Paper Presented at the 4th Conference of the Kenya Association for Health, Physical Education, Recreation, Sports and Dance held at Kenyatta University, 21st – 22nd November, 2002.
 43. Mwisukha, A.: Analysis of Factors that Influence Choice of Fitness Activities of Clients of Fitness Clubs in Nairobi City, Kenya. A Paper Presented at the 4th Conference of the Kenya Association for Health, Physical Education, Recreation, Sports and Dance held at Kenyatta University, 21st – 22nd November, 2002.
 44. Wamukoya, E. K., Mwisukha, A., and Onywera, V.: Prevention and Control of Aids through Sports. A Paper presented at the First East African Regional Conference on Physical Education, Sport, Health, Recreation and Dance held at Makerere University, Kampala, 13th – 16th December, 2001.
 45. Onywera, V., Njororai, W.W.S. and Mwisukha, A., Analysis of Acute Injuries Incurred by Players in the Preliminary Phase of the 2001 Moi Golden Cup Soccer Tournament in Kenya. A Paper presented at the First East African Regional Conference on Physical Education, Sport, Health, Recreation and Dance held at Makerere University, Kampala, 13th – 16th December, 2001.
 46. Mwisukha, A. and Onywera, V.: Contribution of Sports Towards National Development: The Case Study of Kenya. A Paper presented at the First East African Regional Conference on Physical Education, Sport, Health, Recreation and Dance held at Makerere University, Kampala, 13th – 16th December, 2001.
 47. Litaba, S. A., Mwisukha, A., and Onywera, V., Sports Management in Kenya: The Role of the Kenya National Sports Council and the Government Department of Sports. A Paper presented at the First East African Regional Conference on Physical Education, Sport, Health, Recreation and Dance held at Makerere University, Kampala, 13th – 16th December, 2001.

48. Onywera, V., Andanje, M. and Njororai, W. W. S: Sport as a Means of Preventing Conflicts in Higher Educational Institutions, Presented at the International Conference on Transformation of Higher Education Management and Leadership for Efficacy in Africa held at Kenyatta University, 12th – 16th November, 2001.
49. Kataka, A. and Mwisukha, A.: The Need to Streamline Selection Process of Sports Teams: A Presentation of Some Valuable Tips. A Paper Presented at the 3rd Kenya Conference of the Kenya Association for Health, Physical Education, Recreation, Sport and Dance (KAHPER-SD) held at the Kenya National Sports Institute, Moi International Sports Centre, Kasarani between 3rd and 4th November, 2000.
50. Mwisukha A.: Towards the Expansion of Sports Sponsorship in Kenya: An Examination of the main Features of a Sponsorship Deal. A Paper Presented at the 3rd Kenya Conference of the Kenya Association for Health, Physical Education, Recreation, Sport and Dance (KAHPER-SD) held at the Kenya National Sports Institute, Moi International Sports Centre, Kasarani between 3rd and 4th November, 2000.
51. Mwisukha A.: Role of Public Relations in Sports . Paper presented at the 2nd Conference of the Kenya Association for Health, Physical Education, Recreation, Sports and Dance (KAHPER-SD) held at Egerton University, 4th – 5th September, 1998.
52. Mwisukha A.: organization of a Sports meet: A presentation of the checklist. Paper presented at the 2nd Conference of the Kenya Association for Health, Physical Education, Recreation, Sports and Dance (KAHPER-SD) held at Egerton University, 4th – 5th September, 1998.
53. Asembo J.M., Andanje M. and Njororai W.W.S.: An Appraisal of the Kenyan Men's Hockey Team Performance in International Field Hockey Competitions (1956-1996). A paper presented at the 3rd Scientific Congress of the Africa Association for health, Physical Education, Recreation, Sport and Dance held at Kenyatta University, 11th -15th September 1997.
54. Asembo, J.M., Andanje M. and Njororai W.W.S. The Effect of the offside Rule Abolition on Selected offensive Actions, Fouls and Injuries in Field Hockey. A paper presented at the 3rd Scientific Congress of the Africa Association for health, Physical Education, Recreation, Sport and Dance held at Kenyatta University, 11th -15th September 1997.
55. Kiganjo, G. and Mwisukha, A.: Delegation of Responsibility and Empowerment of Student Sports leaders in Kenyan Universities. A paper presented at Seminar of Kenya Universities Sports Association (KUSA) and the Kenya Association for Health, Physical Education, Recreation, Sports and Dance (KAHPER-SD) on Sports in the Kenyan Universities held at Egerton 3rd -4th April, 1997.
56. Wamukoya,E.K. and Mwisukha A.: Assessment and Evaluation of Physical Education in Kenya: The Need for Examinations in Physical Education in Kenya. A presented at the first Congress of the Kenya Association for health, Physical Eductaion, Recreation, Sport and Dance (KAHPER-Sd) held at Kenyatta University, july 1996.

7.3 Conferences/ Exhibitions

7.4 Convening and Coordinating Conferences

- (i) 17th Biennial Conference of the International Society for Comparative Physical Education and Sport (ISCPES)
Dates - 6th – 8th June 2010

- Theme - Physical Education and Sports for Global Peace and Development
 Venue - Kenyatta University
 Role - Secretary of the Local Organizing Committee
- (ii) Workshop on ‘Sport Without Borders’
 Dates - 24th April 2009
 Theme - Mentoring leadership Excellence
 Venue - Utalii Hotel, Nairobi
 Role - Member of Local Organizing Committee (LOC)
- 6th AFAHPER – SD Conference
 Dates - 9th to 11th November, 2005
 Theme- Creating a Better World Through Sport and Physical Education
 Venue - Kenyatta University, Nairobi
 Role - Member of LOC
- (iii) The Second East Africa Regional Pre-Games Scientific Conference on Sport and Physical Education for Greater Cooperation in Eastern Africa
 Dates - 18th – 19th November, 2004
 Theme- Sport as a Medium for International peace and Understanding
 Venue - Kenyatta University
 Role - Member of LOC
- (iv) Teachers’ Workshop on Issues in Primary School Physical Education:
 Dates - 19th -21st May, 2003
 Theme- Issues in Primary School Physical Education
 Venue - Kenyatta University, Nairobi
 Role - Member of LOC
- (v) The 3rd Conference of the Kenya Association for health, Physical Education, Recreation, Sport and Dance (KAHPER-SD)
 Dates - 3rd -4th November, 2000
 Theme - Sports Management in Kenya; Challenges and Priorities for the 21st Century
 Venue - Kenya National Sports Institute, Kasarani
 Role - Secretary to the Local Organizing Committee

8.0 NATIONAL AND INTERNATIONAL RECOGNITION

NATIONAL

- (a) Reviewer of Professional Periodicals
- i. Peer Reviewer - Kenya Institute of Education Journal (20th May 2008-todate)
 - ii. Reviewer - African Journal of Applied Human Sciences (October, 2008 to date)
- (b) Appointment to Boards/Committees
- i. Member of the Electoral Commission of Kenyatta University Students Association (KUSA) – March, 2010.

- ii. Member of Committee Planning for Kenya's Participation in the London 2012 Olympic Games i.e. "Road to London 2012 Committee" – Ministry of Youth Affairs and Sports (October, 2008 to date)
- iii. Chairman, Board of Postgraduate Studies, School of Applied Human Sciences, Kenyatta University (27th May 2008 to date)
- iv. Chairman, Board of Postgraduate Studies, Department of Exercise, Recreation and Sports Science (27th May 2008 to date)
- v. Departmental Representative to the School Board of Postgraduate Studies, Kenyatta University (15th December 2006 to date)
- vi. Member of the Publications and Seminars Committee, School of Applied Human Sciences, Kenyatta University (29th April, 2008 to date)
- vii. Member of the Editorial Board, African Journal of Applied Human Sciences (March 2008 to this date)
- viii. Member of the Editorial Board of East African Journal of Physical Sciences (13th April 2004 to this date)
- ix. Secretary to the National Sports Policy Formulation Committee in the Ministry of Home Affairs, National Heritage Culture & Social Services (8th January 1999-December 2001)
- x. Chairman, Board of Governors, Silungai Secondary School (2008 - to this date)
- xi. Member of Board of Governors of the following schools;
 - Lwandeti Secondary School (2005 to this date)
 - Silungai Secondary School (2005 to this date)(Chairman of the Board)
 - Matete Secondary School (2007 to this date)

NETWORKING AND COLLABORATION WITH EXTERNAL ORGANIZATIONS

1. Organization for Social Science Research in Eastern and Southern Africa (OSSREA)
 - Collaboration in Research
 - Initiated by OSSREA
2. Kyambogo University, Kampala Uganda
 - Collaboration in teaching, research and postgraduate students' supervision
3. Tshwane University of Science and Technology, South Africa.

- Collaboration in research
5. International Council for Coaches Education
 - Collaboration in research on coach Education
 6. Federation of International Football Association
 - Collaboration in research

9.0 MEMBERSHIP OF PROFESSIONAL BODIES

1. Kenya Association for Health, Physical Education, Recreation, Sport and Dance (KAHPER –SD)
 - Assistant Treasurer (November 200 to October 2006)
 2. Africa Association for Health, Physical Education, Recreation, Sport and Dance (AFAHPER – SD)
 - Member (11th September, 1997 to this date)
 3. Organization for Social Science Research in Eastern and Southern Africa (OSSREA) – Member.
 4. Association of third World Studies – member (14th September, 2004 to this date)
 5. International Council for Coaches education – Member (23rd October 2008 to this date)
 6. International Society of Comparative Physical Education and Sports (ISCPES)
- D. Kenya Association of Educational Administration and Management-member (29th September 2006 to this date)

10.0 PROJECT/RESEARCH GRANTS

- Towards Gender Equity in Sports: Insights into the under-representation of Women in Sports leadership in Kenya. Research Award from OSSREA (Organization of Social Sciences Research in Eastern and Southern Africa) (Kshs 380,000)
- An Analysis of the Effectiveness of Kenya's Top Field Hockey Teams in using Selected Offensive Tactics in Competitions. M.Ed Thesis. (Kshs. 22,800)
- Analysis of factors that influence the Development of Soccer in Africa: The case of East Africa. FIFA funded project under the JOAO Havelange Research Grant Award (US Dollars 17,000)
- Evaluation of the Professional Certification and Preparation of Athletics Coaches in Kenya (Kenyatta University – Kshs. 150,000).

- Sports Without Borders: A joint Research project of the University of Manitoba, Kenyatta University and Terik Community - Awarded 25,000 Canadian Dollars by Social Sciences and Humanities Research Council of Canada (SSHRC) (Year – 2009)
- Consultancy at the Institute of Economic Affairs on Youth Sports, Recreation and Entertainment – USD 3125(Year, 2010)

12. REFEREES

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